

Season 2 Episode 3 Lesson Plan

The goal of this document is to provide an outline for what a Rock Solid TV session hosted by you might look like for your young people. It is by no means required you follow this outline word for word; only so much as it is helpful to you and your students.

When you see something highlighted in blue, that's a prompt for you to pause the video. Included are the times at which to pause. On the screen you will see an image of Liam in the right hand corner prompting you to reflect on a question. Note: You do not need to pause the video at these times. You can cover the discussion questions after the video has been completed if you wish.

Things to Prep:

- If you plan to host this session electronically, ensure you understand the capacity of your platform. If you are using Zoom, it is possible to split participants up into breakout rooms. If you have a large group, it may be advantageous to do so in order to discuss the questions provided. You will need to prep the leaders intending to host a breakout room and ensure your comfortability in utilizing this feature.
 - For a on setting up/using Zoom, please see: [How To Use Zoom Meeting and Video Conferencing \(2020\)](#)
 - For a quick overview on using breakout rooms, see: [Video Breakout Rooms](#)
 - For a more in depth tutorial on breakout rooms setup/usage, see: [How to use Zoom Breakout Rooms - Tutorial for Beginners](#)
- If you plan to begin the session with a Zoom game, take time to read through the “Zoom Games” options found in the “Additional Resources” section of the Rock Solid TV page.
- In order to share the video from your computer, you'll need to enable that feature through Zoom or whatever platform you're using. To see how using Zoom, click: [Sharing Your Screen](#)
- If you wish for your students to participate in the activities for episode 3, ensure each has access to paper and pens/pencils/markers/crayons, plasters. You may want to contact parents ahead of time.

Craft Prep: Generosity - Random Acts of Kindness Jar. You will need:

- One jar to decorate
- Items to decorate the jar
- Heart shaped paper (you can use hearts cut out of coloured paper)
- Scissors
- Slips of paper to write ideas OR handout for episode from resource center with acts of kindness to cut out
- Pens/pencils/markers
- Glue

Suggested Overview:

Greeting: Greet each student as they join your meeting, maybe ask them about their week.

Zoom Game (Optional): WHO DIS?

- Have all of your group send you a fact about them that no one else knows that they would be comfortable sharing. When you are on your zoom, you can read the facts to everyone at a time.

Everyone in the group will guess who that person is! They can guess in the chat. The person that gets the most right is the winner.



Video Outline:

- Episode Intro
- Episode Focus: Generosity. What is generosity?
- Evidence (Scripture passage): What does Jesus say about giving? Matthew 6: 1-4
- **Pause Video (at min 2:47). We should be generous for the sake of love and not for the approval of others. What do you think this looks like at school?**
- Rock Solid News
- Gadget Ger: Rings of Connection. You can use this to remember that because we're connected with the Father, we have enough to give to others. There is enough to go around.
- Colin Cooks
- Crafting with Claire (Random Acts of Kindness Jar):
 - **Pause Video (at min 8:46): If you want, you and the young people can use this time to decorate the jar. You can either prepare the heart-shaped paper ahead of time, or have the young people cut hearts out of coloured paper themselves.**
 - **Brainstorm as a group some ideas for acts of kindness. You can come up with as many or as few as you would like during this time. Alternatively you can have them use the ideas from the handout included in the resource section for this episode.**
 - **Have the young people write their ideas of random acts of kindness onto the slips of paper and then glue the slips to the hearts. Alternatively they can write the ideas on the backs of the hearts.**
- Witness: What does giving look like to you?
- **Pause video (at min 10: 46): According to our witness, there is more joy in giving than in receiving. Tell me about a time where you gave something to someone and that really made you happy.**
- Prayer with Liam
- Dask Comercial: Young people can download the app to anonymously ask questions (make sure they get their parents' okay).

Wrap Up Your Zoom Meeting: Say: Today we talked about generosity and what it means to be generous. I know it can sometimes feel scary to give things to other people because it might seem like we don't really have a lot. But remember that God will take care of us and there is enough to go around. And we can be generous with so many things like our time, our kindness, and our words! It doesn't just have to be with money or things. So what is something you can be more generous with? (Give an example of how you will be more generous with something in your life and then encourage the young people to share their ideas).

Leave Meeting Game (optional): To leave the meeting, have your students play "Rock Paper Scissors" with you on their screen. Everyone is playing against you. If they tie or beat you, they can stay. If they lose, they'll need to leave the meeting. Play until there are only two students left. Then you can end the meeting.

For any questions or clarification, please email Claire Russell at: resources@yfc.ie